

## A SPELL FOR OUR LADY OF RADICAL EXULTATIONS

A small statue, figurine, or idol  
A bowl of salt large enough to hold your small statue  
A candle of any color  
Rosemary, dried or fresh  
A piece of fruit that you enjoy eating  
Rhinestones, artificial flowers, glitter, paint, and glue  
Several fresh flowers

Close your eyes and breath to your body's natural rhythm.

When you're ready, with your feet on the floor, acknowledge the ancestors of the land that you are currently occupying, by name if possible. Thank all of the lineages and generations of people who have cared for and protected the land. Give gratitude and thanks to your own ancestors, of your bloodline and of your ephemeral learning and unlearning.

Light your candle. Feel the miracle that is your physical body. Visualize the white supremacist cis het patriarchy, the restrictions and violence it embodies, crumbling around you.<sup>1</sup> You are surrounded by joy. Carefully and mindfully, adorn your small statue with rhinestones, glitter, paint, artificial flowers, or any other decorative material you feel called to use.

Hold Our Lady of Radical Exultations in your left hand, and the fruit in your right.

Recite the following spell three times:

*All bodies are miraculous and deserving of joy.  
The divine feminine exists in all genders, celebrating the sacred and the profane.  
Revolution is not possible without rest, without care, without comfort.  
Star of the Sea, amplifier of our elation.  
Reclaimer of virginal virility, Protector of their own power.<sup>11</sup>  
We give gratitude to you, Our Lady of Radical Exultations, They who know the way.  
Destroyer of white supremacist cis het patriarchal shame.  
Bless us and assist us in surviving oppression and embodying joy.*

Bury the statue in salt and rosemary. Give gratitude to the fruit, then eat it. When nine days have passed, collect several flowers. If you are harvesting them yourself, ask the flower's permission before picking them.

Remove Our Lady of Radical Exultations from their salt and rosemary cleansing bowl, and present them with the flowers you gathered in their honor.

Whenever you are in need of pleasure or joy, present Our Lady of Radical Exultations with an offering, hold them, and visualize yourself surrounded by joy.

<sup>1</sup> "Pleasure activism asserts that we all need and deserve pleasure and that our social structures must reflect this. In this moment, we must prioritize pleasure of those most impacted by oppression." adrienne maree brown, *Pleasure Activism*.

<sup>11</sup> "Ancient moon priestesses were called virgins. 'Virgin' meant not married, not belong to a man - a woman who was 'one-in-herself.' The very word derives from a Latin root meaning strength, force, skill; and was later applied to men: virle. Ishtar, Diana, Astarte, Isis were all called virgin, which did not refer to sexual chastity, but sexual independence. And all great culture heroes of the past, mythic or historic, were said to be born of virgin mothers: Marduk, Gilgamesh, Buddha, Osiris, Dionysus, Genghis Khan, Jesus - they were all affirmed as sons of the Great Mother, of the Original One, their worldly power deriving from her... The Moon Goddess was worshipped in orgiastic rites, being the divinity of matriarchal women free to take as many lovers as they choose. Women could 'surrender' themselves to the Goddess by making love to a stranger in her temple." Monica Sjöö + Barbara Mor, *The Great Cosmic Mother: Rediscovering the Religion of the Earth*.